

## Service in CAS

There are four different types of action:

- **direct service**, where students' interaction involves people, the environment or animals, such as tutoring or planting trees
- **indirect service**, where students provide assistance in ways where they do not see the recipients of what they have done, such as writing and supplying bilingual books or improving an organization's website
- **advocacy**, where students assist through educating the public or supporting or initiating a campaign
- **research**, where students collect information through varied sources, analyse data and report on a topic of importance to influence policy or practice.

Ideas for direct service
<b>With people</b>
Coach children in sports
Deliver meals to people living with a medical condition
Lead resume-writing workshops for people who are unemployed
Organize or assist at a blood drive
Play music with elders to have an exchange of skills and learn about each other's music preferences and talents, and then perform as an ensemble for others
Distribute plants at a farmer's market to promote home-grown container gardens
Serve food at a soup kitchen
<b>With the environment</b>
Restore a stream
Prepare the soil and beds for an elementary school garden and plant with the children
Grow seedlings for distribution
Install raised-bed gardens for a senior centre
Establish a recycling programme at city hall
Make a storm-water garden
<b>With animals</b>
Help at an animal shelter with data entry and dog walking
Assist with a pet adoption outreach program at community events
Lead a workshop on pet care
Set up a turtle sanctuary in partnership with a community organization

Ideas for indirect service
<b>With people</b>
Assemble a photo exhibit about poverty for a gallery
Prepare meals in a soup kitchen
Take part in a walkathon to raise money for different humanitarian causes
Prepare activity kits for children for an emergency shelter
Write brochures for organizations
Build an organization's website or provide content for an organization's website
Assist with the creation of a museum exhibit
Make exercise videos to give to homeless shelters
Create a newsletter for a retirement community
Record audio books for people who are visually impaired
<b>With the environment</b>
Prepare signage for a local wetland
Grow seedlings for distribution
Initiate a school compost to reduce food waste in landfills
Create a website with information about flora and fauna for a local park
<b>With animals</b>
Make zoo toys for animals
Collect needed supplies for a wildlife rescue centre
Bake dog biscuits for an animal shelter
Make colouring books with protection tips on local endangered animals for elementary schools and tourists

Ideas for advocacy service
<b>With people</b>
Lead a town hall meeting on solar energy
Organize a letter-writing campaign for a cause
Host a speaker and film series to raise awareness for the community
Create comic strips or comic books to teach about emergency safety and readiness
Plan a conference to raise awareness about education equity
<b>With the environment</b>
Provide reusable water bottles to replace single-use water bottles
Create public service announcements on energy reduction in homes
Organize a flash mob to teach about recycling
Promote a "just use less" campaign to reduce quantities of what is put in trash and recycling bins

<b>With animals</b>
Make beach signs to protect local waterways from rubbish
Advocate for animals at risk at an organized public event
Create posters, videos and public service announcements to promote animal adoption for a shelter

<b>Ideas for research service</b>
<b>With people</b>
Assist with a city-wide needs assessment by running focus groups
Conduct hands-on research about how interaction improves quality of life for residents at an elderly care facility
Prepare a public service outreach process to identify local veterans willing to be interviewed, and then conduct the interviews for an historical society
Learn about the history of people buried in a cemetery from the 1800s to support a local museum
Observe play habits of children in an orphanage or refugee centre to identify what skills are developed or need support
<b>With the environment</b>
Use photography to collect images that inform about the first flush from a storm drain by your school
Interview administrators at local landfills to learn about community habits that support collections of trash to recycle and food waste for composting
Analyse items collected in a community or beach clean-up to develop a campaign (advocacy service) that prevents the items from being littered again
<b>With animals</b>
Conduct a behaviour study of zoo animals or shelter animals
Monitor numbers of stray animals, combine findings with interviews and surveys to determine opinions of advocates, opponents and the general public, and offer recommendations to improve local policies
Assist with tracking and monitoring of butterfly migratory paths