Creativity in CAS

The list can be used to provide ideas to students designing their individual CAS programmes. Many of these may also be applicable for the other two strands of CAS and could be incorporated into a CAS project. Please note that the list is not complete and students can select creativity experiences not listed below.

Theatre
Write a script for a play.
Participate in a community-based theatre group.
Design or participate in awareness-raising performances for NGOs.
Form a performance group.
Run a children's theatre group in the local community.
Organize an improvisation theatre troupe.
Learn how to perform magic and put on a magic show.

Music
Join a choir or participate in a musical.
Play a musical instrument in a band or orchestra.
Learn to play a musical instrument or take vocal lessons.
Form a music group.
Perform for clients in aged-care homes.
Conduct a choir or a band.
Host a musical event at school.

Visual art
Produce personal artworks.
Paint a mural for the walls of a local primary school or childcare centre.
Design posters for school advertising particular events.
Curate the school art gallery.
Organize or participate in craft activities.
Do photo shoots for NGOs or for senior citizens.
Produce the school yearbook (digital or hard copy).
Enter a local art or photography competition.
Teach art for early childhood or primary school.

Dance
Join a ballet or jazz class.
Choreograph a school production.
Run a school-based dance class.
Perform as a dancer in a school production.
Participate in annual school performers' showcase.
Teach a junior dance class.
Organize a dance flash mob.
Design technology
Participate in design projects to improve the local community.
Oversee a project for school.
Participate in council competitions.
Design and create furniture.
Assist an NGO with designing a website or provide content for its website.
Help a local hospital or clinic with a redesign.
Film
Create an awareness-raising video for an NGO.
Create promotional footage related to a specific cause.
Make a documentary or a film.
Join the school publicity/media group.
Create a video archive for a local historical society.
Plan a film series for a senior centre.
Organize a film event for a cause to raise awareness and funds.
Fashion
Organize a recycled clothing or clothes swap group to benefit a charity.
Participate in a group that designs clothes from sustainable materials.
Organize a school-based fashion show.
Run a knitting group and create items of clothing for a cause.

Learn how to be a salesperson at a clothing charity.
Start a sewing collaborative to make outfits for children in need.
Design reusable shopping bags with fashion flair.

Graphic design
Design and produce children's toys.
Design information booklets or pamphlets for a specific NGO.
Design storyboards for a specific purpose.
Create logos and designs for T-shirts with environmental messages.
Assist an NGO with designing a website or provide content for its website.
Redesign an organization's brochures, business cards and logo.

Creative writing
Attend a course in journalism/poetry writing.
Edit a school newspaper or bulletin or do the same for a senior centre.
Create children's books for schools in need of these resources.
Organize a creative writing workshop.
Write a novella or a novel.
Start a poetry project that places poetry anonymously around school or the community.

Cooking
Cook for a locally based international festival.
Organize a World Teachers Day breakfast at school.
Create a recipe book.
Run cooking classes.
Make a "how to cook" video series.
Document the results of cooking a new, challenging recipe once a week.

Business
Produce items for a school fair.
Support a group that raises money for small business loans for undeveloped countries.
Run workshops for NGOs to give them ideas for creative awareness-raising or more efficient business practices.

Run business-type events to train students in running a business.
Help a local start-up develop a business plan.

Information technology
Teach basic ICT skills.
Join the technology support group at school.
Design digital books.
Design and maintain a website for an NGO.

Mathematics
Join a mathematics group and participate in school competitions.
Run a problem-solving group at school.
Tutor "at risk" students in mathematics.
Design mathematical/logic puzzles for junior students.

Sport
Coach a junior sports team.
Design a training schedule for a sports team.
Design individual training programmes for specific junior players on a team.
Incorporate skills from other sports into training, for example, rugby circuits into netball training.

Environmental systems and societies
Design a recycling project for the school.
Investigate the use of energy in the school and provide a proposal for more efficient energy usage.
Create a school-based enviro-garden.
Participate in designing a community garden.
Oversee a school landscaping project.
Investigate ways to limit water consumption at school.